HAC YOUTH ENRICHMENT & SPORTS (YES) PROGRAM Stage Stars Acro Schedule



JANUARY 1ST - MAY 11TH, 2024

AGES 18-36 MONTHS (Parent participation required)								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	10:00 - 10:30 am Parent & Tot Tumbling Ages 18-36 mo.		10:00 - 10:30 am Parent & Tot Tumbling Ages 18-36 mo.					
	10:35 - 11:05 am Parent & Tot Tumbling Ages 18-36 mo.		10:35 - 11:05 am Parent & Tot Tumbling Ages 18-36 mo.					

AGES 3-6 YEARS (Must be potty trained)								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
	11:15 - 11:45 am Acro 101 Ages 3-4	5:30 - 6:00 pm Acro 101 Ages 3-4	11:15 - 11:45 am Acro 101 Ages 3-4	6:30 - 7:10 pm Acro 102 Ages 5-6	4:30 - 5:00 pm Acro 101 Ages 3-4			
	4:30 - 5:10 pm Acro 102 Ages 5-6	6:10 - 6:50 pm Acro 102 Ages 5-6	1:00 - 1:30 pm Acro 101 Ages 3-4		5:00 - 5:30 pm Acro 101 Ages 3-4			
	5:15 - 5:45 pm Acro 101 Ages 3-4		4:30 - 5:00 pm Acro 101 Ages 3-4		5:45 - 6:25 pm Acro 102 Ages 5-6			
	6:00 - 6:30 pm Acro 101 Ages 3-4		6:00 - 6:30 pm Acro 101 Ages 3-4					
	6:35 - 7:15 pm Acro 102 Ages 5-6		6:40 - 7:20 pm Acro 102 Ages 5-6					

= Classes begin 1/1/2024. Registration opens 12/1/2023

Girls must wear a leotard or biketard, no socks. Boys must wear shorts or sweatpants and a t-shirt, no socks.

No Classes

- September 4th
- October 31st (after 3:00 pm)
- November 20th 25th
- December 18th January 1st
- February 16th 19th
- · April 1st 6th

- Parent Tot Tumbling: ages 18 36 months
- Acro 101: Ages 3-4 with no experience necessary
- Acro 102: Ages 5-6 with little or no experience
- Level 1: Ages 7+ with no experience necessary
- Intermediate: Ages 7+ has a solid handstand, cartwheel, roundoff and standing backbend. Lightly spotted front and back walkover.
- Advanced: Ages 7+ must have a roundoff backhandspring without a spot

HAC YOUTH ENRICHMENT & SPORTS (YES) PROGRAM Stage Stars Acro Schedule



JANUARY 1ST - MAY 11TH, 2024

AGES 7-13 YEARS							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	7:20 - 8:15 pm Level 1/ Intermediate Ages 7+	4:30 - 5:25 pm Intermediate/ Advanced Invitation Only	5:00 - 5:55 pm Level 1/ Intermediate Ages 7+	4:45 - 5:30 pm Boys Level 1/ Intermediate Ages 6+	6:30 - 7:25 pm Level 1/ Intermediate Ages 7+		
		7:00 - 7:55 pm Level 1/ Intermediate Ages 7+		5:30 - 6:25 pm Intermediate/ Advanced Acro Invitation Only			
				7:15 - 8:10 pm Level 1/ Intermediate Ages 7+			

Girls must wear a leotard or biketard, no socks. Boys must wear shorts or sweatpants and a t-shirt, no socks.

No Classes

- September 4th
- October 31st (after 3:00 pm)
- November 20th 25th
- December 18th January 1st
- February 16th 19th
- April 1st 6th

- Parent Tot Tumbling: ages 18 36 months
- Acro 101: Ages 3-4 with no experience necessary
- Acro 102: Ages 5-6 with little or no experience
- Level 1: Ages 7+ with no experience necessary
- Intermediate: Ages 7+ has a solid handstand, cartwheel, roundoff and standing backbend. Lightly spotted front and back walkover.
- Advanced: Ages 7+ must have a roundoff backhandspring without a spot